



Your personal guide to  
BUPA DentalChoice

“Here’s something  
to **smile** about”



# Your BUPA DentalChoice membership

BUPA DentalChoice membership allows your treating dentist to provide routine treatment and an on-going preventive dental care programme. With this plan, you pay a subscription and will benefit from receiving payment towards dental treatment from any UK registered dentist. You can make a claim up to a monetary limit each time you need to have eligible dental treatment.

When you need treatment, BUPA DentalChoice provides you with cover for:

- preventive treatment (eg check-ups, scale and polish)
- remedial treatment (eg fillings, extractions, root canal treatment, dentures, crowns and bridgework)
- treatment following accidents, sports injuries (excluding physical contact sports) and pre-existing dental injuries
- worldwide emergency treatment
- oral cancer treatment up to £10,000<sup>†</sup>

## Making a claim is easy

- 1** As soon as you require dental treatment, call the BUPA DentalChoice helpline free on 0800 237 777<sup>††</sup>. Our experienced team of advisers will confirm what you are and are not covered for and will send you a claim form.
- 2** When you visit the dentist, ask him or her to complete the dental treatment section of the claim form.
- 3** You will be asked to settle your dentist's bill in full. Please remember to ask for a dated receipt.
- 4** Check and sign the completed claim form and return it with your receipts within six months of receiving treatment (unless it is unreasonable to do so) to: BUPA Dental, Anchorage Quay, Salford Quays, M50 3XL.
- 5** You will then receive a cheque for the benefits payable in accordance with the rules and benefits of the BUPA DentalChoice scheme.

The table outlines the maximum benefit available for each treatment.

Item of treatment	Classic		Premier	
	Dental practice	BUPA accredited dental practice*	Dental practice	BUPA accredited dental practice*
Examinations	£	£	£	£
Examination (up to a maximum of two per year)	5.84	7.01	11.85	14.22
New patient examination (up to a maximum of one per year)	18.24	21.89	26.78	32.14
X-rays				
Small x-ray (up to a maximum of four per year)	3.62	4.34	4.12	4.94
Medium x-ray (up to a maximum of four per year)	3.80	4.56	6.18	7.42
Panoral x-ray (up to a maximum of one per year)	8.92	10.70	15.45	18.54
Scaling				
Simple (up to a maximum of four per year)	9.20	11.04	13.91	16.69
Chronic periodontal per visit:				
1-4 teeth	28.32	33.98	33.48	40.18
5-9 teeth	34.60	41.52	46.35	55.62
10-16 teeth	40.88	49.06	51.50	61.80
17 or more teeth	45.88	55.06	61.80	74.16
Fillings				
Amalgam (1 surface)	10.14	12.17	15.45	18.54
Amalgam (2 surface)	13.34	16.01	23.18	27.82
Amalgam (3 surfaces or more)	19.85	23.82	30.90	37.08
Composite anterior (1 surface)	15.73	18.88	27.04	32.45
Composite anterior (2 surfaces or more)	22.01	26.41	27.04	32.45
Composite posterior (1 surface)	17.60	21.12	30.90	37.08
Composite posterior (2 surfaces or more)	22.41	26.89	38.63	46.36
Root canal treatment				
Single root	25.72	30.86	65.66	78.79
Two roots	37.92	45.50	115.88	139.06
Multiple roots	62.48	74.98	136.99	164.39
Surgical treatment				
Extraction (per tooth)	10.40	12.48	23.18	27.82
Surgical extraction (flap raised)	39.64	47.57	38.63	46.36
Apicectomy	48.24	57.89	115.88	139.06
Incising of abscess	7.39	8.87	17.51	21.01
Crowns, bridges etc.				
Inlay (per tooth)	90.36	122.30	135.19	162.23
Veneer (per tooth)	74.28	90.23	135.19	162.23
Full gold crown	82.84	99.41	212.44	254.93
Porcelain crown	60.64	72.76	180.25	216.30
Porcelain bonded to metal crown	92.28	110.74	212.95	255.54
Bridge (per unit)	97.64	117.17	216.30	259.56
Adhesive bridge	106.97	128.36	247.20	296.64
Cast post and core	25.64	30.77	46.35	55.62
Prefabricated post and core	13.40	16.08	11.59	13.91
Re-fix or re-cement existing crown	7.68	9.22	15.45	18.54
Re-cement adhesive bridge	11.74	14.09	19.31	23.17
Re-cement any other bridge	11.74	14.09	19.31	23.17
Dentures				
Acrylic partial (upper or lower denture)	78.00	93.60	193.13	231.76
Acrylic partial (upper and lower denture)	156.91	188.29	347.63	417.16
Metal partial (upper or lower denture)	139.92	167.90	309.00	370.80
Metal partial (upper and lower denture)	279.85	335.82	540.75	648.90
Acrylic full (upper or lower denture)	78.92	94.70	212.95	255.54
Acrylic full denture	126.48	151.78	386.25	463.50
Reline denture	28.32	33.98	30.90	37.08
Addition of tooth	19.76	23.71	30.90	37.08
Repair denture	8.40	10.08	19.31	23.17
Occlusal splint	68.27	81.92	118.45	142.14
Annual Benefit Limits				
Routine Treatment	450.00	540.00	775.00	930.00
Accidents/sports injuries	300.00	360.00	460.00	555.00
Emergencies	150.00	180.00	309.00	370.00

\*BUPA accredited dental practice refers to dental practices that meet BUPA's Quality Assurance Programme.

## Dental scheme benefits

### The BUPA accredited dental practices

In line with the BUPA philosophy of continuing to improve all areas of health care, we have established a network of accredited dental practices. These dental practices have been approved based on the high standard of quality care they provide.

With BUPA DentalChoice, you can receive treatment from any dentist in the UK. For Classic and Premier cover, if you choose to be treated at a BUPA accredited dental practice you will enjoy enhanced benefits.

Call your BUPA dental helpline for:

- help locating a suitable dentist
- information on BUPA's list of accredited dental practices
- any other queries regarding your BUPA Dental membership



## Freephone 0800 237 777

Lines are open 8am - 6pm weekdays, 8am - 1pm Saturdays.<sup>††</sup>

Alternatively email your query to: [dental@bupa.com](mailto:dental@bupa.com)

<sup>†</sup> Provided no symptoms, diagnostic tests or diagnosis of oral cancer have been made within the first six months of your membership of the scheme. <sup>††</sup> Calls from landlines are free, however, mobile phone providers may charge. Calls will be recorded and will be monitored.

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